

TRIBULUS TERRESTRIS EXTRACT

Botanical Name	Tribulus Terrestris
Common Name	Puncture vine , Gokharu, Small Caltrops
Standardized For	20%, 40% and 60% Steroidal Saponins by Gravimetry
Description	Light To Dark Brown Coloured Powder
Part Used	The Dried Aerial Parts



Uses and Benefits:

- 1) **Urinary conditions:** Tribulus is non-irritant diuretic and urinary antiseptic. It is used in case of dysurea, urinary stone and incontinence of urine.
- 2) **Female Health:** The hormone balancing effects of Tribulus Terrestris for women makes this herb suitable for premenstrual syndrome and menopausal syndrome.
- 3) **Prostrate related conditions:** Tribulus contains Sterols like betasitosterols or stigma. These substances protect the prostate from swelling and in combination with the X steroidal saponins, protect the prostate from cancer.



Avisor Herbals